



Herbert School Newsletter

January / February 2025

Principal : Mr. Chad Sstriker

Vice-Principal : Mrs. Natasha Olynick

Upcoming Events

Feb 15—23—Winter Break

Feb 24 —Classes resume

March 3—7—Kindergarten 2025-26 Registration

March 21—Grad Cap & Gown Photos

March 24—No school for students (Teacher PD Day)

April 1—Parent-Teacher Conferences

April 3—Parent-Teacher Conferences

April 17—Report Cards for gr 10—12 only are published to the MSS Family Portal

April 18—27 — Easter Break

April 30—Early Dismissal Day (2:00 p.m.)

Principal's Message

The SCC continues to look for members. Our next meeting is on Thursday, March 27th at 6:00 p.m. If you would like to gain more information about the SCC please reach out to me.

As the second half of the school year is underway, please keep April 1 and 3rd available for Parent-Teacher Interviews. Interviews will happen prior to report cards going out for grades 10-12 on April 17.

I hope everyone is able to enjoy and get rest during the February break. Here's hoping that winter starts to loosen its chilly grip and spring is around the corner!

*Sincerely,
Mr. Chad Striker
Principal*



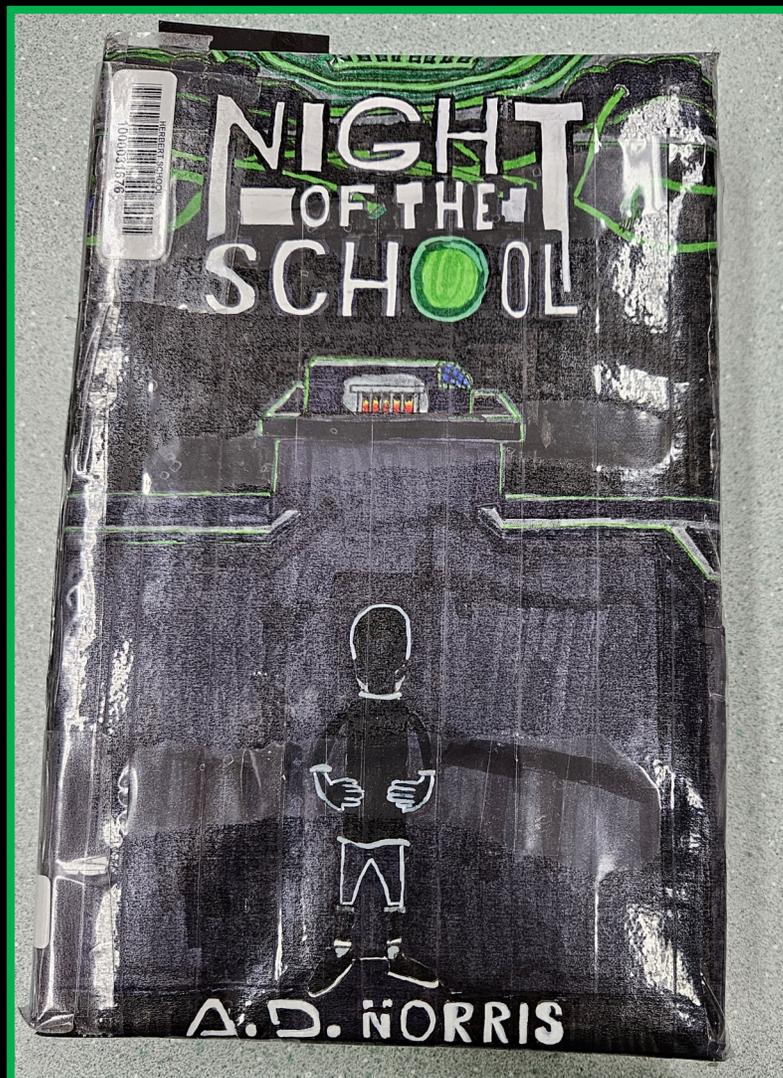


Thriller fiction novel coming

01/22/25

ANOTHER BOOK ANNOUNCEMENT COMING SOON

01/14/25



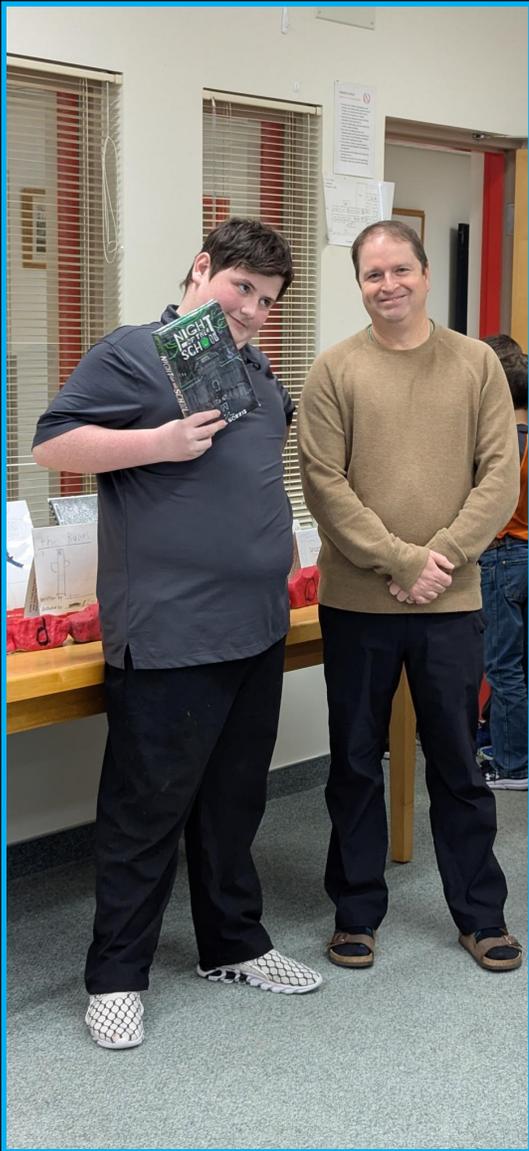


Asher's Book Reading January 22, 2025





Asher's Book Reading





Mitch Picton

(#81 from the Saskatchewan Roughrider's Football Team)

visited Herbert School on Friday, February 7
as part of the Saskatchewan Roughrider Foundation's
"Rider Reading Program"

and

"Win With Wellness Program"

Thank you to

Mrs. Denise Leisle, Mrs. Anne Haubrich, and
Sandra Berkan from the Saskatchewan Roughrider Foundation

[Saskatchewan Roughrider Foundation](#)

for organizing the visit!

It was a great day for the students and staff!





Rider Reading Program For Kindergarten to Grade 5



Herbert School Newsletter



January / February 2025

Page 7



Mitch tried to convince Bekah to change her jersey!





Playing “Duck, Duck, Goose”
but this version is
“Saskatchewan, Saskatchewan,
Roughrider!”



Win with Wellness for grades 6–12



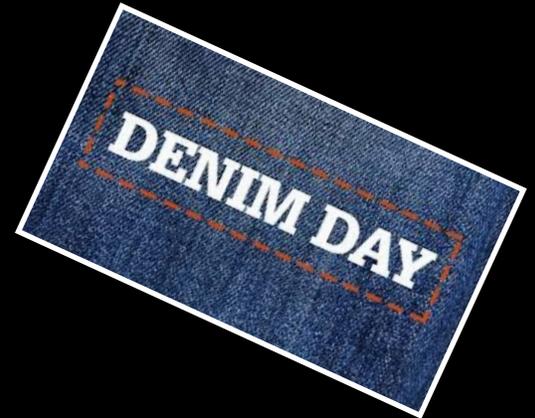
WJ 81



Underground Spirit Week
February 3 - 7

This week, Staff will be participating in Underground Spirit Days. Students can guess what the theme of each day is to win prizes.

Keep track of your guesses and submit them to Mrs. Boutilier on Friday, February 7 to win prizes!



Underground Spirit Week
Each day during the Week of Feb 3—7 staff had a theme for students to guess.
Responses were given to Mrs. Boutilier on Friday, Feb 7.
Day 1—Wear Burgundy & Black!
Day 2— Dress in Denim!
Day 3 -Anything but a Glass or Cup!
Day 4—Black Out Thursday!
Day 4— Flannel Friday!



Students who correctly guessed all of the theme of the day were entered into a draw for a prize!
There were 40 correct entries!
The winners from the draw each received a full-size chocolate bar!



The Grade One Class
celebrated
100 days
of school!





*Congratulations to the
Jr. Girls' Curling Team
for capturing the
"A" Side*

*at Jr. East Sectional Curling Playdowns
in Val Marie on February 7th!*

The team advances to

Jr. District Curling

in Abbey on February 28th and March 1st.



*Congratulations to the
Jr. Boys' Curling Team
for capturing the
"A" Side*

*at Jr. East Sectional Curling Playdowns
in Val Marie on February 8!*

The team advances to

Jr. District Curling

in Abbey on February 28th and March 1st.



Congratulations to the
Jr. Boys Basketball Team
for placing
1st
at our Jr. Boys' Basketball H.I.T.



Congratulations to the
Jr. Girls' Basketball Team
for placing
1st
at our Jr. Girls' Basketball H.I.T.
&
Jr. Girls' Basketball W.I.T.
(Waldeck Invitational Tournament)



*Congratulations to the
Sr. Girls' Basketball Team
for placing
2nd*

*at our Sr. Girls' Basketball H.I.T.
on February 7/8 2025*



Herbert School



Box 670 Herbert, SK S0H 2A0 | Phone: (306) 784-2454 | Fax: (306) 784-3101
www.chinooksd.ca/school/herbert

Principal: Mr. Chad Striker Vice-Principal: Mrs. Natasha Olynick

Herbert School's Badminton Program

Thank you for your interest in the Herbert School badminton program. Based on numbers the program will begin with practices being split by grade 7 and grade 8 practicing together and grades 9-12 practicing together. **Note: While the grade 9s will be practicing with the senior group, they will be competing in junior competitions.**

Practices will begin **Monday, March 3, 2025** and run everyday after school (**Monday-Thursday**) until **March 14th**.

Junior Practices (grades 7 and 8) will run Mondays and Wednesdays from 3:30-5:00 pm;
Senior practices (grades 9-12) will run Tuesdays and Thursdays from 3:30-5:00 pm.

Starting March 17th practices will change to Tuesdays and Thursdays:

Junior practices from 3:30-5:00 pm

Senior practices from 5:00-7:00 pm

Important Competition Dates for Junior Badminton (grades 7-9)

- **April 12th** - Junior Sections (hosted by Waldeck School venue TBD)
- **May 3rd** - Junior Districts at SCCHS

Important Dates for Senior Badminton (grades 10-12)

- **April 5th** - Senior Sections at Gull Lake School
- **April 12th** - Senior Districts at SCCHS
- **May 3rd** - Senior Badminton Regionals at Maple Creek Composite High School

Badminton practices will be open to everyone who wants to practice, learn skills and try out for the competition team. If you are unable to attend **any** of the competition dates you need to disclose this information prior to competition tryouts that will run **March 25-27th**.

***Anyone not able to advance to the second stage of their respective competitions will not be permitted to compete in the competition tryouts.**



**Our Annual Growing Smiles Fundraiser
is coming!**

Order forms will be made available after the break!

Deadline to place paper orders is

April 14th

and online orders is

April 22nd

The plants will be delivered on

May 7th

*Thank you for supporting our
annual fundraiser for field trips
and student activities!*



Welcome to Herbert School's 2025-26 Kindergarten Class!



REGISTER FOR THE 2025-2026 SCHOOL YEAR

Chinook schools are very excited to welcome new kindergarten students and their families for the upcoming school year.

Herbert School



- Kindergarten eligibility is age 5 by December 31, 2025
- **Proof of your child's date of birth is required!**
(Birth Certificate, Sask Health Card or passport.)



**If you have a child entering Kindergarten
in the fall of 2025
please register during the
Week of March 3 - 7.**

Please drop by the school during school hours,
phone Mrs. Francis at **(306) 784-2454**
or email afrancis@chinooksd.ca
for a Registration Form or the link to complete Online Registration.
If you require bussing please request a
Transportation Request Form.



Practice to win!

You have a learner's licence, now it's time to track your driving time with our practice log and enter the contest.

WIN a \$250 fuel card!



Take care out there



Visit sgi.sk.ca/practice-hours-contest or scan the QR code to get a practice log and find out more.

No purchase necessary. The contest runs annually from January 1 to December 31. Three (3) draws will be held each year on or about April 30, August 31, and December 31, awarding a total of ten (10) \$250 gift cards over the contest period. Open to Saskatchewan residents aged 15+ with a valid Class 7 learner's licence. Winners must answer a skill testing question. Odds of winning depend on the number of entries. Visit sgi.sk.ca/practice-hours-contest for complete contest rules.

Part of a student's Class 5 driver education includes spending time behind the wheel to get experience driving. To support them and encourage their skill development, SGI offers a practice log for them to track their time driving and a contest to accompany it.

Students can print out their own practice log, complete it, and then hand it in to their driver examiner to be entered to win a **\$250 fuel card**.

For more information talk to the Driver Education Instructor or go to DriverEducation@sgi.sk.ca



Grad Cap & Gown Photos

March 21, 2025

Booking Information will be sent to parents after the break!



Report Cards

&

Parent-Teacher Conferences

- ◆ **Tuesday, April 1 and Thursday, April 3**—Spring Parent-Teacher Conferences for all students.
- ◆
- ◆ **Thursday, April 17**—Report Cards for Grades 10—12 only are published to the MSS Family Portal
- ◆
- ◆ **Friday June 27**—Report Cards for Kindergarten to Grade 12 are published to the MSS Family Portal



We have a few extra copies of the 2023-24 Yearbook available for purchase!

Cost—**\$35.00 per book.**

Please see Mrs. Francis at the office!



SCC Hot Lunch

Personal Size Pizza from Pizza Hut Dates

Friday, March 28th

Friday, May 2nd

Friday, May 30th

Friday, June 13th



Travel Club Lunch Dates

Wednesday, March 12th

Subs from Mikey's Grocery



Driver Education Dates

February 14th—10:00 a.m. to 11:50 a.m.

- February 28th—10:00 a.m. to 11:50 a.m.
- March 4th—10:00 a.m. to 11:50 a.m.

Please be on time and bring a pen, pencil, and eraser!

Early Dismissal Days



To help families plan ahead and make arrangements, students will be dismissed at on the following two Wednesdays:

2:00 p.m.

**HERBERT
SCHOOL**



OUR REGULAR
DISMISSAL TIME IS
3:15 SO OUR
EARLY DISMISSAL
TIME IS **2:00**

April 30, 2025

June 4, 2025



Each early dismissal allows teachers to participate in **2 hours** of professional development to support student learning and assessment.



**Buses will depart the school
by 2:10 p.m.**



From our school councillor.....

Gratitude Exercises

Gratitude means appreciating the good things in life, no matter how big or small. Making the practice of gratitude a regular part of your day can build happiness, self-esteem, and provide other health benefits.

Gratitude Journal

Every evening, spend a few minutes writing down some good things about your day. This isn't limited to major events. You might be grateful for simple things, such as a good meal, talking to a friend, or overcoming an obstacle.

Give Thanks

Keep your eyes open throughout the day for reasons to say "thank you." Make a conscious effort to notice when people do good things, whether for you or others. Tell the person you recognize their good deed, and give a sincere "thank you."

Mindfulness Walk

Go for a walk and make a special effort to appreciate your surroundings. You can do this by focusing on each of your senses, one at a time. Spend a minute just listening, a minute looking at your surroundings, and so on. Try to notice the sights, sounds, smells, and sensations you would usually miss, such as a cool breeze on your skin, or the clouds in the sky.

Gratitude Letter

Think about someone who you appreciate. This could be a person who has had a major impact on your life, or someone who you would like to thank. Write a letter that describes why you appreciate them, including specific examples and details. It's up to you if you'd like to share the letter or not.

Grateful Contemplation

Remove yourself from distractions such as phones or TV and spend 5-10 minutes mentally reviewing the good things from your day. The key to this technique is *consistency*. Think of it like brushing your teeth or exercise—it should be a normal part of daily self-care. This technique can be practiced as part of prayer, meditation, or on its own.

Gratitude Conversation

With another person, take turns listing 3 things you were grateful for throughout the day. Spend a moment discussing and contemplating each point, rather than hurrying through the list. Make this part of your routine by practicing before a meal, before bed, or at another regular time.



From our school councillor.....

TIPS TO BUILD EMOTIONAL RESILIENCE IN KIDS

Spend quality time with kids.
When they feel loved and supported, children develop emotional strength.

Talk about feelings so your child learns to share their worries and fears with people they trust.

Instead of rushing to solve problems, give kids time to work things out themselves.

When children experience failure or disappointment, it's important to praise their effort and encourage them to try again.

Acknowledge your own mistakes to teach kids that mistakes are essential for learning and growth.

If your child can't find a solution to a problem, use gentle questioning to guide them towards it.

Ensure kids are eating well and getting enough sleep and exercise.





We ask parents/guardians to **not** send any **peanuts** or **peanut ingredient products** to school; however we do allow other nuts at the present time.

This could change based on the needs of students or staff, so we appreciate your cooperation in keeping Herbert School safe and healthy.

Please inform the school if your child will be absent or late by phoning the school **(306) 784-2454** or emailing afrancis@chinooksd.ca.

You can also phone and leave a message after school hours on our Message Manager!

Just leave your name, your child's name, and the date and reason your child will be late or absent!

If you do not contact the school the student is marked as having an Unexcused Absence.





Herbert School



Calendar Dates 2024-25

(Any new events will be added each month)

September	Sept 2 -	Labour Day Holiday (no school for students)
	Sept 3 -	BACK TO SCHOOL (GR 1 – 12)
	Sept 4 -	Kindergarten begins
	Sept 6 -	School photographer here!
	Sept 26 -	Terry Fox School Run at 11:00 a.m. (The public is welcome to participate!)
Sept 27 -	Orange Shirt Day!	
Sept 30 -	NO SCHOOL FOR STUDENTS (Chinook PLC Day)	
October	Oct 14 -	Thanksgiving Day (no school for students)
	Oct 16 -	Early Dismissal Day (2:00 p.m.)
	Oct 28 -	NO SCHOOL FOR STUDENTS (Chinook Teachers' Convention)
November	Nov 7 -	Report Cards published to MSS Family Portal (Gr 10 – 12 only)
	Nov 8 -	NO SCHOOL FOR STUDENTS (Day off in lieu of Parent-Teacher Conferences)
	Nov 11 -	Remembrance Day Holiday (no school for students)
	Nov 12 -	Picture Retake Day
	Nov 13 -	Parent-Teacher Conferences (3:30 to 7:00 p.m.)
	Nov 14 -	Parent-Teacher Conferences (3:30 to 7:00 p.m.)
Nov 27 -	Early Dismissal Day (2:00 p.m.)	
December	Dec 20 -	Last Day of Classes before Christmas Break
	Dec 21 - Jan 5 -	Christmas Break (no school for students)
January	Jan 6 -	Classes Resume
	Jan 27-30 -	High school Provincial Exams
	Jan 31 -	Turn Around Day (no school for students)
	Jan 31 -	Report Cards published to MSS Family Portal (Kindergarten to Gr 12)
February	Feb 3 -	Semester II begins
	Feb 12 -	Early Dismissal Day (2:00 p.m.)
	Feb 17 -	Family Day Holiday (no school for students)
	Feb 18 - 23 -	February Break (no school for students)
	Feb 24 -	Classes Resume
March	March 24 -	NO SCHOOL FOR STUDENTS (Teacher PD Day)
April	April 1 -	Parent-Teacher Conferences (3:30 p.m. – 7:00 p.m.)
	April 3 -	Parent-Teacher Conferences (3:30 p.m. – 7:00 p.m.)
	April 17 -	Report Cards published to MSS Family Portal (Gr 10 – 12 only)
	April 18 -	Good Friday (no school for students)
	April 19 - 27	Easter Break (no school for students)
	April 28 -	Classes Resume
April 30 -	Early Dismissal (2:00 p.m.)	
May	May 19 -	Victoria Day Holiday (no school for students)
June	June 4 -	Early Dismissal (2:00 p.m.)
	June 13 -	GRAD 2025
	June 19 -	Last day of classes for Kindergarten students
	June 23-26 -	High school Provincial Exams
	JUNE 26 -	LAST DAY OF CLASSES/EXAMS FOR STUDENTS!
	June 27 -	Report Cards published to the MSS Family Portal (Kindergarten to Gr 12) (No school for students)
June 30 -	Administration Day (No school for students)	



Twitter: [Herbertlaurels](#)

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Facebook: [Herbert School Laurels](#)

Upcoming Events

<https://bit.ly/herbertschool>